

CLINICIAN-GUIDED WEIGHT-LOSS & PEPTIDE THERAPY

Lose fat. **Keep muscle.**

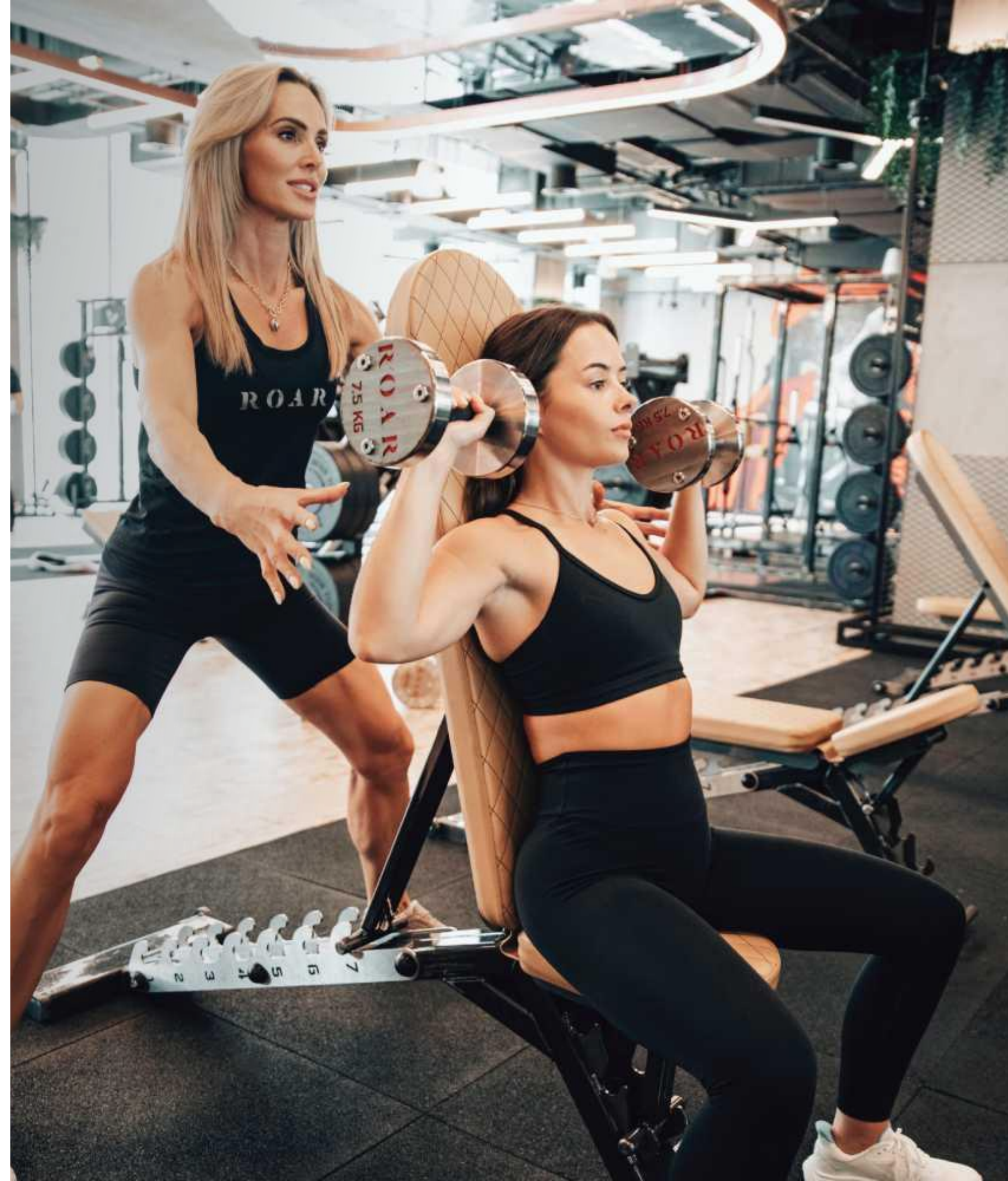
Real medicine, real oversight — six clinician-reviewed weight-loss and peptide therapies, delivered to your door.

[Book your free consultation →](#)

PHYSICIAN-GUIDED · USA-MADE · COMPLIANT

Vitalize Health

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MEDICAL WEIGHT LOSS & PEPTIDES

Medical weight loss — and the peptides that complete it.

Proven weight-loss medications that take the weight off, and peptides that support energy, recovery, lean mass, skin and vitality. Use either alone — or a clinically-paired program.

6

clinician-reviewed therapies, spanning weight loss and peptides.

3

clinically-paired programs, each built around a clinical goal.

1

program — LEAN — pairs your medication with a peptide to protect muscle.

Use one therapy, or combine

Start with medical weight loss on its own, add a peptide for recovery or vitality, or step straight into a paired program — your clinician tailors it to your goal.

Everything under one roof

One clinical team, one monthly plan, delivered to your door — no juggling pharmacies, providers or gray-market sources.

THE MEDICATIONS WORK

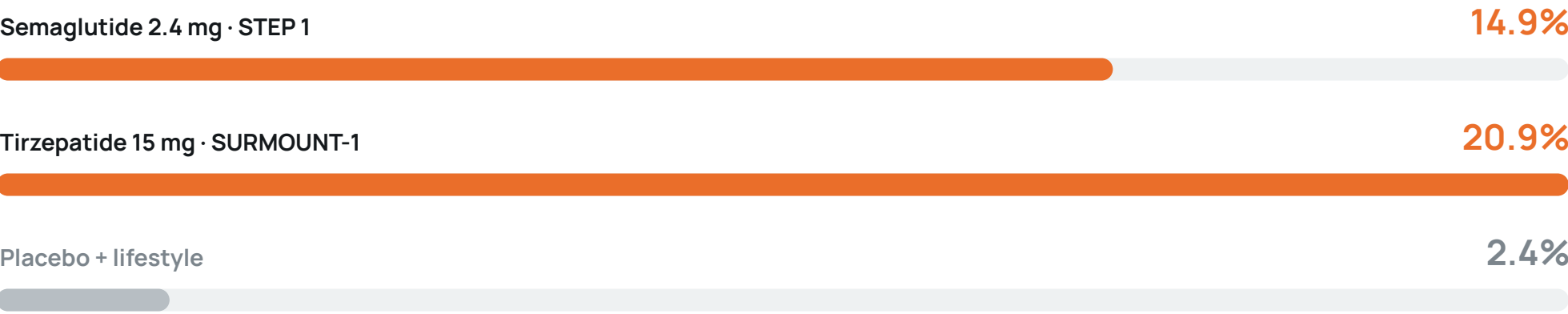
Proven weight loss, backed by trials.

GLP-1 and dual-agonist therapies produce weight loss that a decade ago was only achievable with surgery — and the results are consistent, durable and rigorously studied.

1 in 3

tirzepatide patients lost **25% or more** of their body weight in trial.

MEAN TOTAL BODY WEIGHT LOST · LANDMARK TRIALS



Less appetite, less food noise

These therapies quiet the constant pull toward food, making a calorie deficit feel effortless rather than a daily fight.

Better metabolic health

Trials show improvements in blood sugar, blood pressure and cholesterol alongside the weight that comes off.

Results that hold

Weight loss builds steadily over 68+ weeks of treatment — not a crash, but a durable change you can maintain.

STEP 1, NEJM 2021 · SURMOUNT-1, NEJM 2022. Trial means; individual results vary.

WHAT PEPTIDES ADD

More than weight loss.

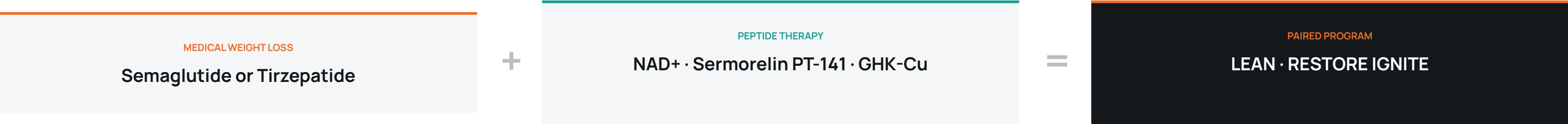
Signals your body already uses for repair, recovery and growth — on their own or paired with medical weight loss.

Sermorelin Muscle repair, stronger bones, deeper sleep, improved fat metabolism. GROWTH HORMONE	NAD+ Rejuvenation, sharper focus, and muscle protection during rapid loss. CELLULAR ENERGY
GHK-Cu Collagen synthesis for firmness, elasticity, texture and hair quality. SKIN & HAIR	PT-141 Increases libido and satisfaction for men and women, rapid onset. VITALITY & LIBIDO

On a weight-loss medication alone, some of what you lose can be muscle. Pairing it with NAD+ or Sermorelin is how our **LEAN** program helps counter that.

BETTER TOGETHER

Two therapies, one plan.



LEAN

SEMAGLUTIDE/TIRZEPATIDE + NAD+

Lose weight without losing muscle

For anyone starting a GLP-1 who wants the scale to move *and* their strength to stay. NAD+ protects lean mass and energy while the medication drives fat loss.

BENEFITS

Sustained fat loss · muscle preservation · steadier energy · reduced appetite & food noise

RESTORE

SERMORELIN + NAD+

Recover, rebuild and feel younger

For those focused on recovery and longevity rather than the scale. Sermorelin drives growth-hormone-led repair; NAD+ fuels the cellular energy that repair depends on.

BENEFITS

Faster muscle repair · deeper sleep · stronger bones · sharper focus · cellular rejuvenation

IGNITE

PT-141 · ON DEMAND

Vitality and intimacy, when you want it

A single-therapy stack taken as needed, not daily. PT-141 works through the nervous system to restore desire and arousal for both men and women.

BENEFITS

Increased libido · greater satisfaction · treats ED · rapid onset · no daily schedule

REAL CLINICAL CARE

Real clinical care – not a checkout form.

1**Evaluate & screen**

A medical intake and virtual clinical consultation.

2**Document treatment**

A licensed MD/NP documents medical necessity for the therapy that fits you.

3**Dispensed monthly**

Dispensed through a licensed U.S. compounding pharmacy, delivered monthly.

YOUR MEDICAL OVERSIGHT

Dr. Micah Craig, M.D.

Medical Director

Board-certified in Internal Medicine with a Master's in Biochemistry, focused on regenerative medicine, longevity and peptide protocols. He sets the clinical governance and protocol standards behind every Vitelize program.

THE THERAPIES

What each therapy does for you.

THERAPY	WHAT IT DOES	MONTHLY
Semaglutide GLP-1 receptor agonist	Reduces appetite and food noise, improves blood sugar, drives sustained weight loss.	from \$350 /mo
Tirzepatide Dual GIP/GLP-1 agonist	The strongest weight-loss and metabolic-control therapy — acts on two hormone pathways.	from \$400 /mo
Sermorelin Growth hormone stimulation	Faster muscle repair, stronger bones, better sleep, improved fat metabolism.	\$240 /mo
NAD+ Bio-Fermented 1000mg coenzyme	Cellular rejuvenation, protects muscle during rapid loss, sharper focus.	\$250 /mo
GHK-Cu Copper peptide · topical	Stimulates collagen, supports skin firmness, elasticity and hair quality.	\$215 /mo
PT-141 · Bremelanotide Troche · on demand	Increases libido and satisfaction for men and women, treats ED, rapid onset.	\$15 /dose \$100 min

Any therapy is available on its own following clinician evaluation. A one-time \$26.99 Good Faith Exam fee applies. Pricing current as of publication.

SIGNATURE PROGRAMS

Clinically-paired programs.

Each program pairs therapies for a clinical reason — reviewed and approved by a licensed MD/NP before anything is dispensed.

LEAN Weight Loss & Metabolic Optimization THERAPIES Semaglutide (or Tirzepatide upgrade) + NAD+ Bio-Fermented for muscle preservation.	YOU PAY \$700/month Tirzepatide upgrade · \$725/mo
RESTORE Recovery, Growth & Cellular Health THERAPIES Sermorelin + NAD+ Bio-Fermented for recovery, growth and cellular health.	YOU PAY \$490/month Sermorelin \$240 + NAD+ \$250
IGNITE Vitality & Intimacy THERAPIES PT-141 (Bremelanotide) troche for libido, satisfaction and rapid onset.	YOU PAY \$15/dose On demand · \$100 minimum order

Prices are the sum of each therapy at its listed dose — no bundle discount. LEAN shown at Semaglutide 1.0 mg maintenance. A one-time \$26.99 Good Faith Exam fee applies.

WHY THIS IS DIFFERENT

Real medicine, made in the USA.

Made in the USA

Every therapy is compounded in a licensed U.S. pharmacy — for purity, consistency and quality, unlike overseas or gray-market sources.

Clinician-reviewed

A licensed MD or NP evaluates you, documents medical necessity and writes a prescription specific to you — before anything is dispensed.

Compliant by design

A menu intentionally limited to therapies lawfully available through compounding today — never a copy of a branded drug.

FDA & SAFETY

Six therapies today — more as they clear.

On July 23–24, 2026, the FDA's Pharmacy Compounding Advisory Committee reviews additional peptides — including BPC-157, TB-500, KPV, MOTS-C, DSIP, Semax and Epitalon. As therapies clear, Vitalize will expand this menu.

GETTING STARTED

A few things to know.

Is this covered by insurance?

Cash-pay programs, billed monthly. A one-time \$26.99 Good Faith Exam fee covers the clinician evaluation that authorizes your therapy.

Do I need bloodwork first?

Your clinician will let you know if baseline labs are needed and can arrange them as part of your evaluation.

Can I change or cancel?

Yes — programs are month-to-month. Talk to your clinician about switching therapies at any time.

Where does it come from?

Every therapy is dispensed through a licensed U.S. compounding pharmacy, specific to your prescription.

READY TO GET STARTED?

Your results **start here.**

Book your free virtual consultation. A licensed clinician will review your goals and build the plan that's right for you.

[Book your free consultation →](#)